

## Affirmations

### To Strengthen the Spiritual Energy of Each Chakra

1

#### **Earth**

I am steadfast, determined, unshakeably loyal to Truth.  
I endure and accept all things with calm faith in God.

2

#### **Water**

I flow ever freely on the tides of grace.

3

#### **Fire**

I cast my thoughts, desires,  
And all past karma into the flames of love.  
Make me whole!  
Make me pure!  
Make me one with Thee!

4

#### **Air**

As I radiate love and goodwill to others, I will open the channel for  
God's love to come to me. Divine love is the magnet that draws to me  
all good.

5

#### **Ether**

Free at last my Spirit soars into infinite skies of Bliss.

6

#### **Medulla**

I offer myself and all that I am at Thy feet of Omnipresence.

6

#### **Spiritual Eye (Super-Ether)**

I awake in Thy Light.  
I am blissful.  
I am free.  
I awake in Thy Light.